soup + sandwich = £8

soup
with homemade sea salt & thyme focaccia
tomato
red pepper, basil (vg) (gf)
4
garden pea
mint, spring onions (vg) (gf)
4
roasted parsnip
maple syrup, thyme (vg) (gf)
4.95
mushroom
almond, dill (vg) (gf)
4.95
thai butternut squash
sweet potato (vg) (gf)
4.95

sandwiches
on homemade white bloomer
vegan french dip
mushroom, onion, garlic, djon mustard, gravy (vg)
5.95
tofu banh mi
marinated tofu, maple syrup, soy, pickled veg, jalapeños, sriracha mayo, coriander (vg)
5.95
hot bbq jack fruit
spicy crème fraîche, slaw (vg)
5.95
roast chicken
sun blushed tomatoes, paprika mayo, leaves, dressing
5.95
new york deli
pastrami, gouda, gherkins, wholegrain mustard mayo
5.95

kebabs
all served on homemade garlic flatbreads
—— add fries £1.5
chicken
pickled veg, beetroot hummus, salad, sriracha, jalapeños, tahini dressing
8
lamb kofta
Pickled veg, tabbouleh, jalapeños, mint yogurt, sriracha, tahini dressing
8
halloumi
pickled veg, beetroot hummus, salad, sriracha, tahini dressing
8
tofu
pickled veg, beetroot hummus, salad, jalapeños, sriracha, tahini dressing (vg)
8
seitan
pickled veg, tabbouleh, jalapeños, sriracha, curry crème fraîche, tahini dressing (vg)
8

one pots
served with fragrant basmati rice
—— add a homemade garlic flat bread £2
beef chilli
steak chunks, tomatoes, chilli, cumin, coriander, kidney beans (gf)
6.95
red lentil & coconut dahl
red onion, chilli, coriander, flaked coconut (vg) (gf)
6.95
chana palak
chickpeas, tomatoes, coconut milk, coriander, spinach, flaked almonds (vg) (gf)
6.95

salad
buddha bowl
tabbouleh, leaves, avocado, red cabbage, carrot, turmeric, tahini dressing (vg)
6.95

sides
fries (vg)
2.5
sweet potato fries (vg) (gf)
3
halloumi fries
4.95
homemade garlic flatbread (vg)
3
tabbouleh (vg)
3
house made pickled veg (vg) (gf)
3
small salad (vg)
3
halloumi*
4
chicken* (gf)
4
lamb kofta* (gf)
4
marinated tofu* (vg)
4
seitan tenders* (vg)
4
beetroot hummus* (vg) (gf)
4
*add to any dish for £3

sweets
specials changing weekly
cakes / slices
3 / 2.5

happy hour
4pm - 7pm
monday to friday
(all day sunday)
pint = 3
bottle of wine (vg) = 12
bottle of prosecco (vg) = 15
soup + sandwich + pint = 10

All of our food is available to take away
vg: vegan / gf: gluten free
All our dishes may contain traces of nuts
Full allergens list available on request

@soupkitchenmcr
### Pints
- **Su’p Lager**: 3.8% (vg)
- **San Miguel**: 5% (vg)
- **Shindigger West Coast Pale Ale**: 4.5% (vg)
- **Brooklyn Lager**: 5.2% (vg)
- **Brooklyn Defender**: 5.5% (vg)
- **Guinness**: 4.2% (vg)
- **Somersby Cider**: 4.5%

### Cans and Bottles
- **Shindigger Session**: 4.2% (vg)
- **Beavertown Gamma Ray**: 5.4% (vg)
- **Beavertown Neck Oil**: 4.3% (vg)
- **Magic Rock Highwire**: 5.5% (vg)
- **Magic Rock Highwire Grapefruit**: 5.5% (vg)
- **Magic Rock Salty Kiss**: 4.1% (vg)
- **Magic Rock Fantasma**: 6.5% (vg) (gf)
- **Siren Calypso**: 4%
- **Delirium Red**: 8% (vg)
- **Delirium Tremens**: 8.5% (vg)
- **Wild Beer Millionaire**: 4.7%
- **Wild Beer Pogo**: 4.1%
- **Tiny Rebel Cali**: 5.6%
- **Tiny Rebel Cwtch**: 4.6% (vg)
- **Budweiser Budvar**: 5%
- **Mongzo Gluten Free**: 5% (vg) (gf)
- **Boston Beer Co. Angry Orchard**: 5% (vg)
- **Westons Cider Caple Road**: 5.2% (vg)

### White
- **Ponte di Piave**: Pinot Grigio, Italy
  - Very light and neutral with a hint of green fruit (vg)
- **Curious Devices**: Grillo, Italy
  - Fruity and vibrant dry white wine with notes of apple and peach (vg)
- **Box of Budgies**: Youthful aroma of fruit and herbs is followed by a palate that is light and lively (vg)

### Red
- **Ponte di Piave**: Merlot, Italy
  - Bright red wine with violet reflections, fresh, fruity and agreeably soft (vg)
- **Dead Man’s Dice**: Malbec, Argentina
  - Deep and vibrant malbec with an intense nose of plum, damson and dark chocolate aromas (vg)
- **Waipara Hills**: Pinot Noir, New Zealand
  - Good intensity of red berry fruit with a smooth mid-light bodied palate (vg)

### Rose
- **Stellar Running Duck**: Shiraz Rose, South Africa
  - Mid pink rose, with plenty of ripe strawberry fruit flavours, and a dry finish (vg)

### Fizz
- **Viticoltori Ponte**: Prosecco, Italy
  - Clean, dry and crisp, with a creamy finish (vg)

### Spirits
- **House Pours**
- **Absolut Vodka**: (vg)
- **Beefeater Gin**: (vg)
- **Havana Club 3Y**: (vg)
- **Havana Club Especial**: (vg)
- **Jack Daniels**: (vg)
- **Courvoisier**: (vg)

See the bar for full premium spirits selection